

Instructions for contacts of suspected/confirmed case of Ebola Virus Disease

What is Ebola virus disease?

Ebola virus disease is a severe illness, with a high death rate. The illness affects humans and nonhuman primates (monkeys, gorillas, and chimpanzees). The current Ebola outbreak is centered on six countries in West Africa: Liberia, Guinea, Sierra Leone, Congo, Senegal, although there is a potential for further spread to neighboring African countries

How do people become infected with the virus?

1. Within the community it can spread from human to human by direct contact (through broken skin or mucous membranes) with the blood, or other bodily fluids or secretions (stool, urine, saliva, semen) of infected people.
2. Infection can also occur if broken skin or mucous membranes of a healthy person come into contact with environments that have become contaminated with an Ebola patient's infectious fluids such as soiled clothing, bed linen, or used needles.
3. Ebola is introduced into the human population through close contact with the blood, secretions, organs or other bodily fluids of infected animals.

Dear citizen/ residence for your protection and as you was a contact with suspected/confirmed case of Ebola virus Disease

- You should stay at home and leave it only for urgent issue.
- Be co-operative with the medical team as they check temperature twice /day.
- You should follow the instruction given by the medical team.
- Should wash hands frequently with soap and water or disinfectant with alcohol hand sanitizer.
- If any sign and symptoms appear please inform the medical team urgently.

What are the typical signs and symptoms of Ebola Virus Disease?

The signs and symptoms, starts to appear from 2 to 21 days after getting the infection. Symptoms include; sudden onset of fever, intense weakness, muscle pain, headache and sore throat are typical signs and symptoms. This is followed by vomiting, diarrhea, rash, impaired kidney and liver function, and in some cases, both internal and external bleeding.