

**Second Regional
Adolescent and Youth Health Conference
Sultanate of Oman, Muscat
22-24 October 2018**

Day One Agenda: 22/10/218

8:00-8:30 AM Registration	
PLENARY SESSION: Chairpersons: Prof. Susan Sawyer (Australia) Mrs. Faiqa AL Sinawi(Oman)	
8:30-8:50 am	Keynote speech Dr Jamela Al Raiby (WHO-EMRO) <i>Regional challenges to adolescent health</i>
8:50-9:10 am	Keynote speech Dr. Pierre-Andre Michaud (Switzerland) <i>Why and how do we have to provide a specific approach to adolescent health care</i>
9:10-9:30 am	Keynote speech Mr. Samir Anouti (UNFPA Arab States Regional Advisor on Youth/HIV&AIDS) <i>Innovation in Health of Adolescents and Youth</i>
9:30-9:50 am	Keynote speech Dr. Veera Mendonca (UNICEF Regional Advisor) <i>Landscape analysis of adolescents health in MENA Region</i>
9:50-10:00 am	Discussions

**SCIENTIFIC SESSION:
ADOLESCENTS AND YOUTH MENTAL HEALTH**

**Chairpersons: Dr. Pierre-Andre Michaud (Switzerland)
Dr. Ghanyia Al Ghafri (Oman)**

10:00-10:15 am	Dr. Rima Nakkash (Lebanon) <i>Using the RE-AIM framework to evaluate the implementation of FRIENDS: A school based mental health prevention intervention in Lebanon</i>
10:15-10:30 am	Dr. Shailaja Vijaykumar (India) <i>Adolescent Self-Regulation Assessment in Engineering Students</i>
10:30-10:45 am	Dr Walid Ebrahim (Oman) <i>Self-harm among adolescents, updates on etiology and management</i>
10:45-11:00 am	Dr. Hassan Mirza (Oman) <i>Attention- deficit hyperactivity disorder(ADHD)</i>
11- 11:10 am	Discussion

11:10 – 11:30 am	BREAK
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**SCIENTIFIC SESSION:
ADOLESCENT AND YOUTH MENTAL HEALTH (continuation)**

**Chairpersons: Dr. Pierre-Andre Michaud (Switzerland))
Dr. Amira ALRuaidan (Oman)**

11:30- 11:50 Am	Mr. Mohammed Al Marzooqi (Oman) <i>Juvenile`s Law</i>
11:50 –12:10pm	Dr. Muna Al Shekaili (Oman) <i>Mental Health Problems in juveniles</i>
12: 10- 12:30 pm	Mr. Saood AL Mawali (Oman) <i>Legal consequences of adolescent`s misuse of technical means</i>
12:30 – 12:45 pm	Discussion
12:45 – 1:30 pm	WORKSHOP: <i>Adolescents` addiction to technology</i> Moderated by: Mr. Ahmed Al Hosni (Oman)

1:30 – 2:30 pm	LUNCH BREAK
SCIENTIFIC SESSION:	
ADOLESCENTS AND YOUTH MENTAL HEALTH (continuation)	
Chairpersons: Dr. Patricia Niland (New Zealand) Dr. Muna A-Shukaili(Oman)	
2:30-2:45 pm	<i>Dr. Ghanyia Al Ghafri (Oman)</i> <i>Eating disorders among adolescents</i>
2:45-3:00 pm	Dr. Riham AL Naabi (Oman) <i>Risk taking behaviors among adolescents</i>
3:00-3:15 pm	Dr. Fadi Maalouf (Lebanon) <i>Building Emotional Resilience in Lebanese Youth: A School-Based Intervention to Prevent Anxiety and Depression</i>
3:15-3:30 pm	Dr. Safa Ali Al-Jameel <i>Development of psychological functional measures for hearing impaired individuals using Arabic Sign Language</i>
3:30-3:45	Dr. Amna Akhairy (Sudan) <i>Health care seeking behaviors in adolescents with mental problems.</i>
3:45- 4:00	Discussion

4:00 – 5:00 pm	Youth Panel Health-related Challenges and hazards facing youth in the MENA region Moderators: Dr. Lobna Boultoni (WHO/EMRO) Dr. Ahmed Magdi (UNFPA) Mr. Fathi AL Abri (instructor-Oman)

Day Two Agenda: 23/10/218

8:00- 8:30 am		Registration
PLENARY SESSION: Chairperson: Dr. Jamela AL Raiby (WHO-EMRO) Dr. Mamdouh Wahba(Egypt)		
8:30- 8:50 am	Keynote speech Prof. Susan Sawyer (Australia) <i>Global overview of Adolescent Health</i>	
8:50-9:10 am	Keynote speech Dr. Khalid AL Saeed (WHO Office) <i>Global overview on adolescent`s mental health</i>	
SCIENTIFIC SESSION: SCHOOL HEALTH Chairpersons: Dr. Beatrice Khater (Lebnon) Dr. Sunny Kurian (India)		
9:10- 9:30 am	Dr. Valentina Baltage (WHO/HQ) <i>Making every school a health promoting school – challenges and opportunities in the SDGs</i>	
9:30- 9:50 am	Dr. Mamdouh Wahba (Egypt) <i>School based health education</i>	
9:50 - 10:10 am	Dr. Halima Shtaiyat AL Ghannami (Oman) <i>Health Promoting Schools in Oman; a success story</i>	
10:10-10:30 am	Mrs. Dima Bteddini (Lebanon) <i>Education of Syrian refugee girls enrolled in schools in Bar Elias, Bekaa in Lebanon</i>	
10:30-10:50am	Dr. Noora Al- Hosni (Oman) <i>School Students` Medical Check-up.</i>	

10:50-11:00 am	Dr. Eman Ahmed Haji (Bahrain) <i>Bahrain experience- school health services</i>
11:00- 11:10 am	DISCUSSION
11:10 -11:30 am	BREAK
SCIENTIFIC SESSION: SCHOOL HEALTH (Continuation) Chairpersons: Dr. Valentina Baltage (WHO/HQ Expert) Dr. Eman Ahmed Haji (Bahrain)	
11:30- 11:45 am	Dr. Abdul Rahim Al Droushi (Oman) <i>Discourses on Modernization Agenda in School Sports Policy in Oman since 1970</i>
11:45- 12:00 am	Mrs. Faiqa Al Sinawi (Oman) <i>School health program; investing in the future in Oman</i>
12:00-12:15	Ms. Priya Prakash (India) <i>Healthy Schools for healthy leaders of tomorrow</i>
12:15-12:30	Dr. Salwa Omar Rizqi (Oman) <i>Role of Ministry of Social Development in protecting and empowering adolescents and youth</i>
12:30-12:45	Ms. Wadha Al-Alawi (Oman) <i>Role of social upbringing in promoting adolescent`s and Youth Health</i>
12:45-1:00 pm	Discussion
1:00 – 2:00 pm	LUNCH

**HALL A:
REPRODUCTIVE HEALTH**

**Chairpersons: Dr Montasser Kamal (Canada)
Mr. Samir Anouti (UNFPA)**

2:00-2:15 pm	Dr. Dyana Safitri (Indonesia) <i>Evaluation of adolescent`s sexual and reproductive health program impact on behavior change in peer educators` personal life.</i>
2:15-2:30 pm	Dr. Manju Karmacharya (Nepal) <i>Behavioral and Skill focused Adolescent Sexual and Reproductive Health training and its effectiveness on service delivery to young people of Nepal</i>
2:30-2:45 pm	Dr. Nour Horaneih (Saudi Arabia) Abstinence versus harm reduction as protective sexual health strategies; views of key stakeholders in Saudi Arabia
2:45-3:00 pm	Dr. Muna Alshekaili (Oman) <i>Sexual abuse among adolescents</i>
3:00-3:15 pm	Mrs. Suchitra Rath (India) Community youth teams facilitating participatory adolescent`s groups
3:15-3:30 pm	Dr. Raya Al Kamyani Premarital Screening : experience of Oman
3:30-4:00 pm	Discussion

HALL A: WORKSHOP

Facilitator Mrs. Ragaa Sultan Maquboul (Oman)

4:00 – 5:00 *Adolescent Development and parenting*

HALL B

ADOLESCENTS HEALTH SERVICES

Chairpersons: Dr. Sunny Kurian (India)

Dr Rahma Ali (Ethiopia)

2:00 – 2:15 pm	Dr. Nahed Jaber (Oman) <i>Crafting Adolescent Medicine Services in Oman: Moving forward to Meet Adolescents Health Needs</i>
2:15 – 2:30 pm	Ms. Leana Islam (UNFPA-Jordan) <i>Multi-sectoral, multi-stakeholder partnership for young people in humanitarian action - Ensuring access to essential Services, Participation, Capacity, Resources and Data</i>
2:30 – 2:45 pm	Dr. Ahmed Malalla Al Ansari (Bahrain) <i>Adolescent health in Bahrain</i>
2:45 – 3:00 pm	Dr. Fatma Al Sulaimani (Oman) <i>Cyber bullying is a form of bullying or harassment using electronic means</i>
3:00 – 3:15 pm	Dr. Bassam Abu Hamad (UK) <i>Adolescent access to health services and information in Gaza</i>
3:15 – 3:30 pm	Mr. Imran Kachingwe (Malawi) <i>Care for Adolescents Living with HIV</i>

HALL B : WORKSHOP

Facilitators Dr. Beatrice Khater (Lebanon)- Dr. Walid Ibrahim (Oman)

3:30 – 4:15 *Motivational interviewing for adolescents*

4:15 – 5:00 *Adolescent Development and parenting*

Day Three Agenda 24/10/2018

8:00-8:30 am	Distribution of Speaker`s Awards
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PLENARY SESSION:

Chairpersons: Dr Swati Bhawe (India)

Mrs. Faiqa Al-Sinawi (Oman)

8:30- 8:45 am	Dr. Orhan Derman <i>Adolescents Healthcare in Turkey</i>
8:45-9:00 am	Ms. Athari Khamis AL Daoudi (Oman) <i>Multi-sectorial investment in youth and youngness</i>
9:00- 9:15 am	Discussion
9:15-10:15 am	Debate Session on Comprehensive Sexuality Education Facilitator: Dr Qamar Mahmoud (Canada) Proponent: Dr Samir Anouti (UNFPA) Opponent: Dr. Mamdouh Wahba (Egypt)

SCIENTIFIC SESSION:	
NON COMMUNICABLE DISEASES	
Chairpersons: Dr. Orhan Derman (Turkey)	
Dr Jamela AL Raiby(WHO-EMRO)	
10:15-10:30 am	Dr. Arjun Morishetty (India) <i>A Comparative Study of the Prevalence and Pattern of Non- Communicable Diseases and its Risk Factors Amongst Urban Adolescents in Western India</i>
10:30-10:45 am	Dr. Amal Mohammed Al-Siyabi (Oman) <i>Physical activity and Health</i>
10:45-11:00 am	Mr. Ahmed Abdulla Al Habsi Ali Al Habsi Football Academy Activities
11:00-11:30 am	DISCUSSION
11:30 -12:00 pm	BREAK

HALL A:	
RISKS AND HAZARDS	
Chairpersons: Dr.Orhan Derman(Turkey)	
Dr. Halima Al- Ghannami (Oman)	
12:00-12:15 pm	Dr. Hanan Hosni ALShurbini (Egypt) <i>Prevalence of Substance Abuse among Male Preparatory School students in Alexandria</i>
12:15-12:30 pm	Dr. Jalal Yousuf Juma Al Mukhaini (Oman) <i>Effectiveness Of A Training Program Based On Meichenbaum Model In Reducing The Desire Of Drugs And Psychotropic Substances Level Of Addiction Behavior \ In The Sultanate Of Oman</i>
12:30-12:45 pm	Dr. Patricia Niland (New Zealand) <i>Alcohol marketing on social media: Young adults engage with Facebook alcohol marketing</i>
12:45-1:00 pm	Dr. Damanjit Sandhu (India) <i>Cyber bullying among Pupils :Social and emotional difficulties</i>
1:00 - 1:30 pm	Discussion
1:30-2:30 pm	LUNCH BREAK

HALL B:**PROMOTING ADOLESCENT HEALTH****Chairpersons: Dr. Jamela Al Raiby (WHO)****Dr. Montasser Kamal (Canada)**

12:00 – 12:15 pm	Dr. Avula Sahithi (India) <i>Study Of Pattern of Food Habits & Physical Activity In School Going Adolescents Of Urban Pune In Western India</i>
12:15 – 12:30 pm	Mr. Ankur Kachhwaha (India) <i>Changing life`s of rural adolescent girls through life skill education</i>
12:30 – 12:45 pm	Dr. Zafar Mehdi (Oman) <i>Father-Absent Households and Physical and Socio-psychological Wellbeing of Adolescents: A Literature Review</i>
12:45 – 1:00 pm	Mrs. Badriya Yousef Al-Kharusi (Oman) Science in everyday life activities: a comparative quantitative study in assessing Grade 8 English and Omani students' scientific health literacy
1:00 – 1:15 pm	Dr. Noor Mohammad Murad (Afghanistan) <i>Youth Health Line</i>
1:15 – 1:30 pm	Discussion
1:30 – 2:30	LUNCH BREAK

PLENARY SESSION 3

ADOLESCENT NUTRITION

Chairpersons: Dr. Mamdouh Wahba (Egypt)

Dr. Iman Haji (Bahrain)

2:30 – 2:45 pm	Dr. Ashwaq Sabt (Bahrain) <i>Prevalence of overweight and obesity among adolescents</i>
2:45 – 3:00 pm	Ms. Esra Juma & Samah Saif Salim ALghafri (Oman) <i>Nutrition and healthy lifestyles</i>
3:00 – 3:15 pm	Mrs. Khawla Al-Shehhi (Oman) <i>Healthy lifestyle</i>
3:15 – 3:30 pm	Discussion

CLOSING SESSION

MUSCAT DECLARATION

Chairpersons: Dr. Mamdouh Wahba

Mrs. Faiqa ALSinawi

3:30– 3:45 pm	Keynote Closing Speech Dr. Montasser Kamal (Canada) <i>Enhancing adolescents and youth health in the MENA Region; What is next?</i>
3:45- 4:15 pm	Discussion of Conference recommendations
4:15 pm	Announcing Muscat Declaration

MAP OF THE AGENDA

HOUR	DAY 1	DAY 2		DAY 3
8:30	PLENARY	PLENARY		PLENARY
9:00		SCIENTIFIC SESSION SCHOOL HEALTH		DEBATE
9:30				CSE
10:00	SCIENTIFIC SESSION	SCHOOL HEALTH		Scientific session
10:30	MENTAL HEALTH			Non-communicable diseases
11:00	BREAK	BREAK		
11:30	SCIENTIFIC SESSION	SCIENTIFIC SESSION SCHOOL HEALTH		BREAK
12:00	MENTAL HEALTH			HALL A Risks & Hazards
12:30	WORKSHOP	LUNCH		
1:00				
1:30	LUNCH	LUNCH		LUNCH
2:00		HALL A Scientific session Reproductive Health	HALL B Scientific session Adolescent Health Services	
2:30	SCIENTIFIC SESSION			Scientific session Nutrition
3:00	MENTAL HEALTH			
3:30		WORKSHOP	WORKSHOP	CLOSING SESSION
4:00	YOUTH PANEL			Declaration
4:30				
5:00				